



**Volunteer and support LGBTQ+ youth.**

- Whether it's joining an event committee, welcoming youth to programs as a Greeter, or helping with projects in the office, we rely on both one-time and long-term volunteers year-round. Sign-up to volunteer at [tinyurl.com/helpoutmetrowest](https://tinyurl.com/helpoutmetrowest).



**Book us for an LGBTQ+ Education Session.**

- Our customizable presentations help organizations and communities be more welcoming and inclusive of LGBTQ+ folks. Email [programs@outmetrowest.org](mailto:programs@outmetrowest.org) to set up a FREE consultation, or learn more on our [website](#).



**Interact with youth as a "Hot Seats & Hot Eats" program sponsor!**

- Your business or organization sponsors one night of an OUT MetroWest program with a minimum sponsorship of \$1,000, and provides dinner for ~15 LGBTQ+ youth. Up to 5 members of your team can join us for a "Hot Eats" community meal. Email [info@outmetrowest.org](mailto:info@outmetrowest.org) to learn more.



**Get your company involved.**

- There are many ways for corporate partners and Pride ERGS to get involved in supporting OUT MetroWest, including sponsoring a program or event! Check out our corporate partnership menu for more information.



**Attend a community event.**

- Each year, we hold several community fundraisers to support robust LGBTQ+ youth programming year - offered at NO COST to our participants! Tickets sales from these events go directly towards funding our life changing - and sometimes life saving - work.



**Sustain our critical work.**

- We are 100% community funded, and rely on donations from supporters like you to offer FREE programs for LGBTQ+ youth pre-k through age 29 in MetroWest.
  - Become a (monthly) donor to support our work year round!
  - Donate through your paycheck. Ask your employer about donating a portion of your paycheck (on a recurring basis) to OUT MetroWest—they may even match your gifts!
  - Be an OUT MetroWest Birthday Booster. By hosting a birthday fundraiser for OUT MetroWest on social media, you not only raise necessary financial support for our programs, but also introduce your network to OUT MetroWest!



**Refer youth to our programs.**

- New LGBTQ+ youth are always welcome at our programs, and our staff (both Adult Advisors and Peer Leaders) will ensure new youth have a seamless experience! Learn more at [outmetrowest.org/youth-programs/](https://outmetrowest.org/youth-programs/).



**Like, Share, and Follow us on social media.**

- Engaging with us on social media helps us spread the word about our FREE LGBTQ+ youth programs! Facebook, Instagram, and LinkedIn @outmetrowest

**Have other ideas about ways to work with us?! Email [info@outmetrowest.org](mailto:info@outmetrowest.org)!**